Eating disorders can affect individuals of any gender.
If left untreated, they can lead to serious or even fatal consequences.

Eating Disorder Statistics

Australian's with an Eating Disorder:

1.1. Imilian

Women are twice as likely as men to experience an eating disorder

2-7.7% of women aged 40 and above have an eating disorder.

of individuals with an eating disorder are aged 19 years

or younger.

Eating disorders are serious mental illnesses that affect 4.5% of the Australian population. These disorders can impact a person's physical health, psychological well-being, and social interactions. The main types of eating disorders include anorexia nervosa, bulimia nervosa, binge eating disorder, specified feeding and eating disorder, avoidant restrictive food intake disorder (ARFID), pica, and rumination disorder.